

# WELCOME TO 'MASTERING ALLYSHIP'

The 'Mastering Allyship' Programme is a learning journey designed to help participants become effective allies of inclusion and agents of change in their workplace. The program equips participants with the knowledge, skills, and mindset to foster inclusive cultures. The program delves into allyship across dimensions of diversity, providing practical tools to drive equity and advocate for change. By program completion, participants take practical actions to influence an inclusive culture, becoming change agents who champion diversity, equity, and inclusion.



## PROGRAM OBJECTIVES

- Increase self-awareness and understanding of behaviors that are inclusive and less inclusive.
- Improve understanding of diversity, equity, inclusion and psychological safety incl. why they matter.
- Enable action and inclusive behaviors through role modelling and use of the concepts and tools.



## SKILLS ATTAINED

- Notice own biases and impact before being a voice for others.
- Better empathize with and appreciate differences in others.
- Be a catalyst for creating and role modelling psychological safety in the workplace.
- Better understand the power of inclusion in the day-to-day at work.
- Being an ally at work.

# Allyship is a Verb Program

THE PROGRAM IS DESIGNED AS A LEARNING JOURNEY

